

Yoga

Tuesday 1.24.2018

SIGN UP HERE: [HTTPS://TINYURL.COM/YOGA4EVERYBODY](https://tinyurl.com/yoga4everybody)

AT 9:30AM OR 2ND SESSION AT 11:30AM HELD IN THE STUDENT LOUNGE (-)

STUDENT ACTIVITIES BOARD INVITES YOU TO ROLL OUT YOUR YOGA MATS FOR EVERY-BODY. STRESSING OVER MIDTERMS? BRING YOUR FRIEND, PRACTICE YOGA, AND ACHIEVE PEACE AND HARMONY FOR YOUR BODY AND MIND WITH OUR YOGA INSTRUCTOR EMILY BOLL, WELLNESS COACH AND OWNER OF REAL WELLNESS CO.

PLEASE BRING YOUR OWN YOGA MATS AND WATER BOTTLES OR ONES WILL BE PROVIDED



STUDENT ACTIVITIES BOARD

874 D C A B D BLDG 2-113

808-845-9498



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SPRING 2018