

FOR EVERY-BODY



IGN . P H E E: [HTTPS://TINYURL.COM/YOGA4EVERYBODY](https://tinyurl.com/yoga4everybody)

1ST SESSION AT **9:30AM** ·

STUDENT ACTIVITIES BOARD INVITES YOU TO ROLL OUT YOUR YOGA MATS FOR EVERY-BODY. STRESSING OVER MIDTERMS? BRING YOUR FRIEND, PRACTICE YOGA, AND ACHIEVE PEACE AND HARMONY FOR YOUR BODY AND MIND WITH OUR YOGA INSTRUCTOR **EMILY BOLL, WELLNESS COACH AND OWNER OF REAL WELLNESS CO.**

PLEASE BRING YOUR OWN YOGA MATS AND WATER BOTTLES



STUDENT ACTIVITIES BOARD

874 UNIVERSITY AVENUE
808-845-4888
BLDG 2-113
HONOLULU, HI 96822



@honcc_sab
@honolulucc
#honccsab
FALL 2017