A Discussion About Food, Food Choices and Community Health

You are invited to participate in a student-led focus group[1] on the topic of food, food access and community health in West Oahu. All students are welcome to participate!

- **Date:** Thursday, March 19th from 4-5.30 pm.
- **Location:** Room D-245
- **RSVP to: Dr. Albie Miles (albie@hawaii.edu) if you are interested in participating, or just show up!**

Study Purpose:

- Assess student food choices and what factors influence food choices;
- Assess how the food environment factors such as store proximity, food prices, food and nutrition assistance programs, and community characteristics may influence food choices in West Oahu;
- To provide new information to the West Oahu community on how the food environment may influence community health and nutrition;
- To train UHWO students in the fundamentals of community-based participatory research.

Details:

All students are invited to participate in the discussion. Participation is entirely voluntary. The process will involve sitting down with a small group of fellow UHWO students and sharing your experiences of food purchasing, food preferences, food access and family health. At the end, you will be asked to fill out a short survey. The entire process will take approximately 45min. All information is confidential and your participation is entirely voluntary. All participants will receive a free bag of fresh organic vegetables from the UHWO Student Organic Garden.

[1] **NOTE:** A focus group is a form of qualitative research in which a group of people are asked about their experience, perceptions, opinions, beliefs, and attitudes about a particular topic.